

WHAT IS CLAIMED IS:

1. A disposable body fluid absorbent pad comprising a top surface facing a wearer's body, a back surface facing away from 5 said wearer's body and a liquid-absorbent core interposed between said top and back surfaces and being contoured by longitudinally opposite end margins extending in a transverse direction and transversely opposite side edge margins extending in a longitudinal direction and being relatively large in said 10 longitudinal direction, said disposable body fluid absorbent pad further comprising:

 said pad having a front region destined to cover a wearer's belly, a rear region destined to cover a wearer's hip and an intermediate region destined to cover a wearer's crotch 15 when said pad is put on said wearer's body, said pad including a strap adapted to pull said pad in said longitudinal direction and said strap having inner fixed portions lying on said side edge margins and secured to said pad on a surface facing said wearer's body and a hand-grip extending between said inner fixed 20 portions.

2. The pad according to Claim 1, wherein said strap comprises a first strap attached to one of said side edge margins so as

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to extend outward from said end margin of said front region in said longitudinal direction and a second strap is attached to said other side edge margin so as to extend outward from said end margin of said front region in said longitudinal direction,
5 said first strap having an inner fixed portion lying on one of said side edge margins and secured to said pad on said surface facing said wearer's body, an outer fixed portion lying on said other side edge margin and secured to said pad on said surface facing away from said wearer's body and a hand-grip extending
10 between said inner fixed portion and said outer fixed portion and said second strap having an inner fixed portion lying on said other side edge margin and secured to said pad on said surface facing said wearer's body, an outer fixed portion lying on said other side edge margin and secured to said pad on said
15 surface facing away from said wearer's body and a hand-grip extending between said inner fixed portion and said outer fixed portion.

3. The pad according to Claim 1, wherein said inner fixed
20 portions of said straps extend from said end margin of said front region toward said end margin of said rear region along said side edge margins.

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4. The pad according to Claim 3, wherein elastic members extending in said side edge margins of said pad in said longitudinal direction are attached to the front, rear and intermediate regions, at least to said intermediate region of
5 said pad so that said elastic members are contractible in said longitudinal direction and said inner fixed portions of said straps shrink in said longitudinal direction as said elastic members contract.

10 5. The pad according to Claim 3, wherein said straps are elastically stretchable and said inner fixed portions of said straps are secured to said pad on said surface facing said wearer's body so that said inner fixed portions are contractible.

15 6. The pad according to Claim 1, wherein said top and back surfaces are defined by a liquid-pervious topsheet and a liquid-impervious backsheet, respectively.

20 7. The pad according to Claim 1, wherein a thickness dimension of said core between said top and back surfaces as measured in said intermediate region is smaller than that of as measured in said front and rear regions.

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8. The pad according to Claim 1, wherein a transverse dimension of said core between the side edge margins as measured in said intermediate region is smaller than that of a measured in said front and rear regions.

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9. The pad according to Claim 1, wherein said pad is provided in said rear region with a tape fastener having a proximal end fixed to said pad on said surface facing away from said wearer's body in said rear region and a distal end extending outward from 10 said end margin of said rear region in said longitudinal direction and adapted to be releasably attached to said pad on said surface facing away from said wearer's body.

10. The pad according to Claim 8, wherein said intermediate 15 region of said pad is folded in said longitudinal direction with said topsheet inside so that said front and rear regions may be placed upon each other and then said distal end of said tape fastener is releasably attached to said pad on said surface facing away from said wearer's body in said front region so as 20 to maintain said pad in a folded state.